# MAY 30th & MAY 31st RIPPLE EFFECT TRAINING

### Course Description:

This workshop presents an integrative framework for understanding and communicating across systems about how trauma can affect a child, a family, and a system. The Ripple Effect translates complex trauma concepts using metaphor, visual models, common language, and rich case examples and shows: 1) the domains of functioning affected by trauma; 2) the mechanisms through which trauma affects development, and 3) intervention pathways. This workshop offers foundational trauma knowledge for providers learning about evidence-based trauma treatments and highlights ways to share trauma theory with family members and across systems.

#### Learning Objectives:

- Identify at least three domains of functioning that may be affected by trauma.
- Identify at least two core concepts related to the mechanism through which trauma affects development.
- Understand the C.O.P.E.S. framework.
- Describe two practice elements to enhance emotion regulation.
- Describe two factors that may affect individual variability in response to a traumatic event.
- Utilize the framework to identify at least three ways in which their current practice currently addresses the core trauma concepts.
- Utilize the framework to identify two ways in which they may make changes in practice to further address core concepts.





# About the Trainer: Chandra Ghosh Ippen

Chandra Ghosh Ippen is a child psychologist and award-winning children's book author. She is the Associate Director of the Child Trauma Research Program at the University of California, San Francisco, co-developer and director of Dissemination and Implementation for Child-Parent Psychotherapy, and a member of the board of directors of Zero to Three. She has spent the last 28 years conducting research, clinical work, and training in the area of childhood trauma and has co-authored over 20 publications on trauma and diversity-informed practice.

## **Registration Information**



For any questions or concerns, please contact Gabriella Sandoval at gabriella.sandoval@first5kids.org or (408) 260-3723.

To register, scan the QR code above or <u>click here.</u>

## **Training Information**

May 30th & May 31st 9:00 a.m. - 2:00 p.m. Location: via Zoom

**CEUs Eligible** 

\*\*This course meets the qualifications for 10.5 hours of continuing education credits for LMFTs, LPCCs, LEPs, and/or LCSWs as required by the California Association of Marriage and Family Therapists (CAMFT) approved Provider #97134.

\*\*This course also meets the qualifications for 10.5 contact hours of continuing education for Registered Nurses approved by the California Board of Registered Nursing, Provider #16629.