**Understanding Early Start & Supporting Families Friday October 19, 2018 from 9:30 a.m. -12:00 p.m.**

**Presented by Trudy Grable**

This presentation will begin with a basic overview of Early Start and Special Education, the Individualized Family Service Plan (IFSP), the transition process and the Individualized Education Plan (IEP). It provides a foundation in understanding the transition steps as well as the similarities and differences between early intervention and special education programs.

**Designed for FIRST 5 Partners and Other Local Professionals.**

In the second half, participants will discover insights, tools, and methods to collaborate with families that have a child with a known or suspected disability; understand parental grief; make use of community resources and PHP services; and work with parents who may have their own disabilities. The focus is fostering resiliency in these families and their young children.

**Learning Disability Simulation Friday October 19, 2018 from 1:00 p.m. – 3:00 p.m.**

**Facilitated by Melissa King**

Experience firsthand through this learning disability simulation\* different types of learning challenges faced on a daily basis by children/students with LD and/or ADHD challenges.

**A not-to-be-missed event! Parents welcome!**

You will emerge more sensitive, empathetic and better able to advocate for the child, no matter what his/her particular disability may be. *\*We use Experience Dyslexia materials offered through the International Dyslexia Association*

**Location:** Parents Helping Parents in the Sobrato Center for Nonprofits-San Jose 1400 Parkmoor Avenue, Suite 100 San Jose, CA 95126

**Registration:** Go to [www.php.com](http://www.php.com), select FIRST 5 Trainings. **You are expected to attend both sessions to earn a certificate of completion.**