

BHSD Learning Partnership Presents:

Strengthening Families Program (SFP) 2-Day Training



Angela Da Re

Ms. Da Re has almost 20 years of experience in the field of Substance Use Disorder prevention. As Director of Prevention for the National Council on Alcoholism and Drug Dependence in Sacramento, she oversees all prevention programs and strategies, which encompass all of the domains of prevention. As a consultant, she works with large and small prevention and early intervention agencies as well as California's diverse counties throughout the state with training and technical assistance. Much of her work centers on; developing and utilizing the Strategic Prevention Framework, utilizing current prevention science, identifying and reducing risk factors, creating a strong commitment to evidence based, culturally and linguistically appropriate strategies, and connecting complementary fields in order to inspire widespread strategic change. As a Strengthening Families Program (SFP) facilitator, Ms. Da Re has had the pleasure of implementing the program for over 10 years and most recently added the newly developed faith-based component to the National SFP. As a master trainer for SFP for over 5 years, she has had the opportunity to train countless facilitators in implementing the curriculum around the nation. Additionally, she has been trained as both a facilitator and trainer in multiple evidence-based programs.

December 7 & 8, 2017
9:00 am-4:00 pm
Registration begins at 8:30 am

Learning Partnership
1075 E. Santa Clara St.
2nd Floor
San Jose, CA 95116

This training is only open to Prevention and Early Intervention Program Strengthening Children and Families Project staff (from Children's Health Council, Uplift, Catholic Charities, Rebekah Children's Services, ARCC, and Community Solutions), SUTS Strengthening Families Program staff, and pre-approved school district partners, SLS approved providers, and others by invitation only.

Course Description:

The Strengthening Families Program (SFP) is a parenting curriculum geared toward prevention and early intervention of emotional and behavioral problems. An extensive body of clinical research supports the efficacy of the SFP program, demonstrating an increase in children's sense of well-being and an improvement in child-parent relationships. While enhancing existing family support systems, SFP also identifies needs and offers practical approaches to common problems. It addresses issues of emotional regulation, bonding, attachment, resiliency, and the importance of supporting children during the transitional years.

SFP provides structured lessons and materials to teach and improve skills, and also highlights the instructors' use of modeling behavior. Components of the model include: Reinforcing good behavior, recognizing feelings, dealing with criticism, coping with anger, family meetings, communication, problem solving, and setting limits. Parents and children participate both separately and together. SFP has been adapted for different languages and cultures.

Objectives:

- Become proficient in skills and curriculum to teach SFP workshops.
- Learn basic tenets of behavioral interventions.
- Learn and practice group facilitation skills.
- Learn how to run and instruct children's skills group.

*****There are no CEU credits for this course**

Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.

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