

Introduction to Infant and Early Childhood Mental Health: Key Concepts and Resources



Sharla Kibel has been endorsed in California as an Infant and Early Childhood Mental Health Specialist, Reflective Mentor. She is a Licensed Marriage Family Therapist, working for Santa Clara County since 1988. She currently serves the Mental Health Department as Lead Clinician/Supervisor at KidScope. She offers consultation, assessment and treatment for families with young children as part of the FIRST 5 System of Care. She has presented trainings on the topics of cultural competence and on the professional challenges of spiritual depletion and replenishment. She has published articles on moral dilemmas for a therapist in the Child Welfare system and on sources of balance and nurturance for a parenting child therapist. She provides trainings in multiple skill and knowledge areas including CANS, Early Childhood Mental Health, Reflective Practice and Transformational Care Planning. She is a Circle of Security Parent Educator and an intermediate DIR/ Floortime provider.

Dr. Rachel Talamantez holds a Doctorate of Education in Counseling Psychology and is a Licensed Marriage and Family Therapist (LMFT) with over 14 years of experience providing services to adults, children and families. In addition to being a LMFT, Rachel is endorsed as an Infant-Family and Early Childhood Mental Health Specialist and a Reflective Practice Mentor. She is a Registered Circle of Security Parent Educator, a Brazelton Touchpoints Trainer and is a DIR/Floortime Provider (Level B). Rachel is a graduate of the Harris Early Childhood Mental Health Training program at Children's Hospital Oakland, and the Napa Infant Parent Mental Health Fellowship Program, and the Child Trauma Institute in San Francisco. Along with clinical work, much of Rachel's career has focused on program development, implementation, evaluation, management and reflective practice. Rachel works for Santa Clara County Mental Health Department, where she oversees clinical services at KidScope Assessment Center for Developmental and Behavioral Health and oversees the SCVHHS-BHS Infant-Family Early Childhood Mental Health Training Academy. Rachel is also the training coordinator for the Santa Clara County Brazelton Touchpoints Project. Rachel has presented at several local and national conferences on infant mental health, trauma and young children, and reflective practice, including the Zero to Three National Training Institute.

Ann Louise Wagner, LCSW has worked as a public sector mental health clinician for over 20 years, in outpatient clinic, home-based, and school settings. She trained in child-centered play therapy, and has trained in areas of trauma, attachment/interpersonal neurobiology, and addiction. She participated in the UCSF Infant-Parent Program community clinicians training in Santa Clara County from 2009-2012 and completed the 15-month University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program fellowship in Napa Valley, California, in 2013. She has also participated in the Harris Institute and Santa Clara County MHD advanced consultation group with Dr. Stephen Seligman since 2011. She is a parent trainer of infant massage, and certified in Newborn Behavioral Observation (NBO). She is dedicated to relational models of treatment, social work and social justice principles, and the impact of culture and creativity on the healing process.

Course Description:

Research provides converging evidence for the importance of early experiences on child outcomes for optimal brain, body, and socio-emotional development. This lively and interactive training will offer an overview of the Infant and Early Childhood Mental Health field. Participants will learn about multidisciplinary approaches to understanding the needs of 0-5 population for optimal development. Key concepts such as Centrality of Relationships to understanding brain development and emotional regulation will be addressed. Appropriate screening tools and resources will also be reviewed. Through the use of video, small and large group experiential exercises, role play, and vignettes, we will explore how early relationships influence the child's trajectory for success.

***This course meets the qualifications for 6 hours of continuing education for LCSW's and LMFT's as required by the CA Board of Behavioral Sciences.*

Course Objectives:

1. Receive an overview of key concepts of Infant and Early Childhood Mental Health including methods for understanding and supporting young children in the context of their relationships.
2. Recognize the significance of the interconnection of the neurobiological and the socio-emotional development within the context of the relationship.
3. Gain understanding of the different patterns of parent-infant interaction and attachment and their impact on child outcomes.
4. Be introduced to specific screening tools that assist in the determination for further evaluation.
5. Receive information regarding appropriate resources to support and promote family well-being.

Register: <http://LearningPartnership.elearning.networkofcare.org>

November 19, 2014

9:00 am-4:30 pm

Registration begins at 8:30 am

Learning Partnership

1075 E Santa Clara St. , 2nd Floor

San Jose, CA 95116