



PROFESSIONAL DEVELOPMENT CALENDAR

FIRST 5 Santa Clara County

June 2019

For workshop registration and professional development calendar updates, please visit us at <http://communityoflearning.first5kids.org/>

TARGET AUDIENCE:

ACW: Associate Community Workers **ELE:** Early Learning Educators **CW:** Community Workers **DHV:** Developmental Home Visitors **FCCP:** Family Child Care Providers **FRC:** Family Resource Center Coordinators
DS: Developmental Screeners **EI:** Early Interventionist **HV:** Home Visitors **PHN:** Public Health Nurses **TS:** Therapeutic Service Providers **VC:** Volunteer Coordinators
FLTC: Family Law Treatment Court Coordinators

REQUIRED = required attendance by target audience **RECOMMENDED** = strongly recommended for target audience to attend, but not required by FIRST 5

NOTE: If a Target Audience member has already participated in a required workshop and can verify his/her participation, then the Target Audience member does not need to register for that particular workshop.

| DATE | LEARNING OPPORTUNITY | TARGET AUDIENCE |
|--|--|---|
| June 4, 2019 June 14, 2019 June 21, 2019 | Santa Clara County Substance Use Prevention | All interested partners and other professionals |
| June 6, 2019 | Five Protective Factors for Strengthening Families | TS, FLTC, DS, PHN, DHV, DS, ELE and all interested partners |
| June 6, 2019 July 10, 2019 | Client Culture | TS, DHV, DS, PHN, FLTC, EI, Santa Clara County Behavioral Health Services staff and contract agencies |
| June 8, 2019 | CA Infant/Toddler Learning & Development Foundations | ELE |
| June 10, 2019 | Trauma Informed Systems (TIS) 101 | TS, DHV, DS, PHN, FLTC, EI, Santa Clara County Behavioral Health Services staff and contract agencies |
| June 10, 2019 June 17, 2019 | Medi-Cal Administrative Activities (MAA) | All FIRST 5 partners |
| June 11, 2019 June 12, 2019 | Baby Behavior | PHN, RNs and other lactation professionals |



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| June 28, 2019 | Basic Skills for A Reflective Practitioner: Learning More About Ourselves Through Reflection | ACW, ELE, CW, DHV, FCCP, FRC, DS, EI, HV, PHN, TS, VC, FLTC, Santa Clara County Behavioral Health Services staff and contract agencies |
| July 13, 2019 | CPIN: Preschool English Learners (PEL) Guide Ch 7 Extended Module (PEL3) | ELE, FCCP and program administrators |
| Ongoing | Online Trainings | All mandated reporters |
| Ongoing | CPR, First Aid Certification and other Community Offerings | All interested partners |
| Ongoing | De Anza Early Childhood Mental Health Certificate Program | All interested partners |
| Ongoing | Audio and Video Podcasts | All interested partners |



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| <p>SANTA CLARA COUNTY SUBSTANCE USE PREVENTION</p> <p><i>Provided in partnership with Department of Behavioral Health Services/Learning Partnership</i></p> | <p>Santa Clara County Behavioral Health Substance Use Prevention Services (SUPS) is offering its Spring 2019 “Certificate Of Prevention Competency” course. This course is designed to train health and human service professionals in the SAMHSA Strategic Prevention Framework (SPF) for planning community-based prevention programs.</p> <ol style="list-style-type: none"> 1) Prevention 101 - Introduction to fundamental concepts of alcohol and other drugs, working definitions of substance use prevention, integration of behavioral health and substance abuse prevention and treatment. 2) Overview of drug use, prevention and addiction 3) Ethics and values in prevention 4) Skills development for community-based prevention 5) Strategic prevention framework planning, implementation and evaluation. <p>To register, please email Alejandro Villalobos at: alejandro.villalobos@hhs.sccgov.org</p> | <p>MUST ATTEND ALL DAYS</p> <p>JUNE 4, 2019 JUNE 14, 2019 JUNE 21, 2019</p> | <p>9:00 a.m. to 1:00 p.m. 9:00 a.m. to 5:00 p.m. 9:00 a.m. to 5:00 p.m.</p> | <p>Learning Partnership 1075 E. Santa Clara St. 2nd Floor San Jose, CA 95116</p> | <p>All interested partners and other professionals in the SAMHSA Strategic Prevention Framework</p> | <p>Recommended</p> |



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| <p>FIVE PROTECTIVE FACTORS FOR STRENGTHENING FAMILIES</p> <p><i>Provided in partnership with Parents Helping Parents</i></p> | <p>This Strengthening Families framework is a research-informed approach to increase family strengths, enhance child development, and reduce the likelihood of child abuse and neglect. States apply the Strengthening Families approach in early childhood, child welfare, child abuse prevention, and other child- and family-serving systems. It is based on engaging families, programs, and communities in building five key Protective Factors:</p> <ul style="list-style-type: none"> • Parental resilience • Social connections • Knowledge of parenting and child development • Concrete support in times of need • Social and emotional competence of children. <p>Please click here to register</p> | <p style="text-align: center;">JUNE 6, 2019</p> | <p style="text-align: center;">9:30 a.m. – 12:30 p.m.</p> | <p style="text-align: center;">Parents Helping Parents Suite 200 1400 Parkmoor Ave. San Jose, CA 95126</p> | <p style="text-align: center;">TS, FLTC, DS, PHN, DHV, DS, ELE and all interested partners</p> | <p style="text-align: center;">Recommended</p> |



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| <p style="text-align: center;">CLIENT CULTURE</p> <p><i>Provided in partnership with Department of Behavioral Health Services/Learning Partnership</i></p> | <p>Client Culture training covers the personal experiences of a client, children, adolescents, family members, parents and caregivers. In this training the presenter will provide a formal presentation and lead a panel discussion to explore issues related to client culture.</p> <p>By the end of this training, participants will:</p> <ul style="list-style-type: none"> • Demonstrate a higher level of awareness and understanding of client culture. • Identify the significance of the multilayered complex challenges that clients' experience, through the shared lived experiences. • Demonstrate better understanding that people with mental health concerns can and do recover and live fulfilling and meaningful productive lives. • Prepare participants to promote hope to their clients that wellness and recovery is possible. <p>Please click her to register: http://scclearn.sccgov.org/</p> | <p style="text-align: center;">ATTEND ONE DAY</p> <p style="text-align: center;">JUNE 6, 2019 JULY 10, 2019</p> | <p style="text-align: center;">9:00 a.m. – 12:00 p.m. 1:30 p.m. – 4:30 p.m.</p> | <p style="text-align: center;">Learning Partnership 1075 E. Santa Clara St. 2nd Floor San Jose, CA 95116</p> | <p style="text-align: center;">TS, DHV, DS, PHN, FLTC, EI, Santa Clara County Behavioral Health Services staff and contract agencies</p> | <p style="text-align: center;">Recommended</p> |



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| <p style="text-align: center;">CA INFANT/TODDLER LEARNING & DEVELOPMENT FOUNDATIONS</p> <p style="text-align: center;"><i>Provided in partnership with Santa Clara County Office of Education</i></p> | <p>This 6-hour session will focus on infant and toddler learning and development. The foundations describe competencies children typically attain during the birth-to-36-month period. Participants will explore CDE's Infant/Toddler Learning and Development Foundations, DVDs, and related materials.</p> <p>The workshop is designed to support continuous improvement efforts of infant/toddler programs. Participants will:</p> <ul style="list-style-type: none"> • Understand the five components of the CA Infant/Toddler Learning and Development System • Deepen their understand the Infant/Toddler Learning and Development Foundations • Apply the concepts covered in the Infant/Toddler Learning and Development Foundations in their work; and • Plan an effective infant/toddler curriculum. <p style="color: red;">Please click here to register</p> | <p>JUNE 8, 2019</p> | <p>9:00 a.m. – 12:45 p.m.</p> | <p>Santa Clara County Office of Education 1290 Ridder Park Drive San Jose, CA 95131</p> | <p>ELE</p> | <p>Recommended</p> |



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| <p>TRAUMA INFORMED SYSTEMS (TIS) 101 TRAINING</p> <p><i>Provided in partnership with Department of Behavioral Health Services/Learning Partnership</i></p> | <p>The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross-section of our workforce together (janitors, counselors, administrative supports, clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma-informed organization and apply common practices to help our communities heal.</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Demonstrate understanding of the effect of trauma on our brains and bodies. • Apply the principles of trauma-informed care • Identify strategies to develop organizational resilience and trauma-informed responses. <p>Please click here to register</p> | <p>JUNE 10, 2019</p> | <p>1:00 – 4:30 p.m.</p> | <p>Learning Partnership 1075 E. Santa Clara St. 2nd Floor San Jose, CA 95116</p> | <p>TS, DHV, DS, PHN, FLTC and Santa Clara County Behavioral Health Services staff and contract agencies</p> | <p>Required</p> |



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| MEDI-CAL ADMINISTRATIVE ACTIVITIES (MAA) | <p>In order for identified individuals to be able to participate and report MAA time for FY1920, ALL participants must attend a training. In an effort to comply with State and Federal requirements, all FIRST 5 funded grantees whose salaries are paid 10% or more in their FIRST 5 budgets are to attend training to participate in MAA related activities. You only have to participate in ONE training session. Please have the appropriate FIRST 5 funded staff register by Friday, May 17th through the FIRST 5 website, Community of Learning section so we can identify who will be participating.</p> <p>Please click here to register</p> | <p style="text-align: center;">ATTEND ONE SESSION JUNE 10, 2019 Or JUNE 17, 2019</p> | <p style="text-align: center;">Optional times for both days 10:00 – 11:30 a.m. Or 1:00 – 2:30 p.m.</p> | <p style="text-align: center;">FIRST 5 Santa Clara County 4000 Moorpark Avenue Suite 100 San Jose, CA 95117</p> | <p style="text-align: center;">FIRST 5 partners</p> | <p style="text-align: center;">Required</p> |



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| <p>BABY BEHAVIOR</p> <p><i>Provided in partnership with County of Santa Clara Public Health Department California Children Services</i></p> | <p>The Public Health Department of Santa Clara County and First 5 Santa Clara County is providing a FREE Training! FREE Training on Baby Behavior: From Birth to 6 months of Life.</p> <p>This training is ideal for Registered Nurses and Other Lactation Professionals</p> <p>Jane Heinig, PhD, IBCLC from the Human Lactation Center at UC Davis will be joining us for one of two sessions sharing the most recent evidence based research about Baby's Behavior in the first few days and months of life as well as Baby's Behavior during 6 months to 18 months of age.</p> <p>Please click here to register</p> | <p>ATTEND ONE SESSION</p> <p>JUNE 11, 2019 Or JUNE 12, 2019</p> | <p>Optional times for both days</p> <p>8:00 a.m. – 11:00 a.m. Or 1:00 p.m. – 4:00 p.m.</p> | <p>County of Santa Clara Public Health Department California Children's Services</p> <p>720 Empery Way San Jose, CA 95128</p> | <p>PHN, RNs and Other Lactation Professionals</p> | <p>Recommended</p> |



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| <p style="text-align: center;">BASIC SKILLS FOR A REFLECTIVE PRACTITIONER: LEARNING MORE ABOUT OURSELVES THROUGH REFLECTION</p> <p style="text-align: center;"><i>Provided in partnership with Department of Behavioral Health Services/Learning Partnership</i></p> | <p>This workshop is designed for providers of all disciplines and roles who work with individuals and families across the lifespan, including those working with infants and children of all ages, and their parents. The training focuses on reflective practice as a strategy for enhancing skills, understanding our reactions and responses when working with others, and examining the emotional content of our experiences in ways that can reduce work stress, and improve our sense of professional competence and wellbeing.</p> <p style="color: red; text-align: center;">Please click here to register</p> | <p>JUNE 28, 2019</p> | <p>9:00 a.m. – 4:30 p.m.</p> | <p>Learning Partnership 1075 E. Santa Clara St. 2nd Floor San Jose, CA 95116</p> | <p>ACW, ELE, CW, DHV, FCCP, FRC, DS, EI, HV, PHN, TS, VC, FLTC, Santa Clara County Behavioral Health Services staff and contract agencies</p> | <p>Required</p> |



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| <p>CPIN: PRESCHOOL ENGLISH LEARNERS (PEL) GUIDE CH 7 EXTENDED MODULE (PEL3)</p> <p><i>Provided in partnership with Santa Clara County Office of Education</i></p> | <p>Participants will:</p> <ul style="list-style-type: none"> Recognize the terminology necessary for supporting children with IEPs who are learning English as a second language Examine varying cultural experiences in regards to special education Review the resources to support children with an IEP who are learning English as a second language <p>Please click here to register</p> | <p>JULY 13, 2019</p> | <p>9:00 a.m. – 12:00 p.m.</p> | <p>Santa Clara County Office of Education Gilroy Room, First Floor 1290 Ridder Park Dr. 95131 San Jose, CA</p> | <p>ELE, FCCP and Program Administrators</p> | <p>Recommended</p> |



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| <p>CHILD FEEDING SKILLS UPDATE AND IMPACT OF PARENT REFERRAL TO THE 5 KEYS CLASS</p> <p>(ONLINE TRAINING)</p> <p><i>Provided in partnership with SCC Public Health Department Childhood Feeding Collaborative</i></p> | <p>Pediatric healthcare providers will critically review and analyze parent-child feeding scenarios using national best practice guidelines for child feeding;</p> <p>Pediatric healthcare providers will distinguish parent feeding practices that decrease rather than increase child obesity risk so as to guide client education;</p> <p>Pediatric healthcare providers will investigate parent report of child eating from a feeding dynamic perspective.</p> | Online--accessible at all times | Online--accessible at all times | Click Here to Access This Course | Pediatric healthcare providers (MD, RN, RD and other related professions) | Recommended |
| <p>MANDATED REPORTER TRAINING: GENERAL MODULE</p> <p>(ONLINE TRAINING)</p> | <p>The general training module is all inclusive, non-profession specific, and should be taken by every Mandated Reporter, except Educators. This program will provide an overview of the significant definitions, requirements and protections of the California Child Abuse and Neglect Reporting Act.</p> | Online--accessible at all times | Online—accessible at all times | Click Here to Access This Course | All FIRST 5 partners who are mandated reporters, except educators who have their own Mandated Reporter training module | Required |
| <p>MANDATED REPORTER TRAINING: GENERAL MODULE FOLLOW-UP – CHILDCARE PROVIDER</p> <p>(ONLINE TRAINING)</p> | <p>The Childcare module includes vignettes and is self-paced. At the conclusion of the training you will take a final test that requires an 80% or higher score to pass. Upon passing the test you will be able to print out a Certificate of Completion. This certificate is only valid if you have completed the General Training module already.</p> | Online--accessible at all times | Online—accessible at all times | Click Here to Access This Course | All FIRST 5 partners who are childcare providers | Required |



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| <p>MANDATED REPORTER TRAINING: EDUCATOR MODULE</p> <p>(ONLINE TRAINING)</p> | <p>The Child Abuse Mandated Reporter Training California website team worked with the California Department of Social Services and the California Department of Education to develop a new online training for educators. The new Mandated Reporter Training for Educators will satisfy the requirements of AB 1432. This is a stand-alone training that does not require the General Training to be taken first.</p> | <p>Online--accessible at all times</p> | <p>Online—accessible at all times</p> | <p>Click Here to Access This Course</p> | <p>All FIRST 5 partners who are educators</p> | <p>Required</p> |
| <p>MANDATED REPORTER TRAINING: GENERAL MODULE FOLLOW-UP – MEDICAL PROFESSIONALS</p> <p>(ONLINE TRAINING)</p> | <p>The Medical Professionals module includes vignettes and is self-paced. At the conclusion of the training you will take a final test that requires an 80% or higher score to pass. Upon passing the test you will be able to print out a Certificate of Completion. This certificate is only valid if you have completed the General Training module already.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to Access This Course</p> | <p>All FIRST 5 partners who are medical professionals</p> | <p>Required</p> |
| <p>MANDATED REPORTER TRAINING: GENERAL MODULE FOLLOW-UP – SOCIAL WORKERS AND MENTALHEALTH PROFESSIONALS</p> <p>(ONLINE TRAINING)</p> | <p>The Social Worker & Mental Health Professionals module includes vignettes and is self-paced. At the conclusion of the training you will take a final test that requires an 80% or higher score to pass. Upon passing the test you will be able to print out a Certificate of Completion. This certificate is only valid if you have completed the General Training module already. The Certificate of Completion will show the 3 CEU's that can be earned by taking this training.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to Access This Course</p> | <p>All FIRST 5 partners who are social workers or mental health professionals</p> | <p>Required</p> |



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| MANDATED REPORTER TRAINING: GENERAL MODULE FOLLOW-UP—LAW ENFORCEMENT (ONLINE TRAINING) | The Law Enforcement module includes vignettes and is self-paced. At the conclusion of the training you will take a final test required an 80% or higher score to pass. Upon passing the test, you will be able to print out a Certificate of Completion. This certificate is only valid if you have completed the General Training module already. | Online--accessible at all times | Online—accessible at all times | Click Here to Access This Course | All FIRST 5 partners who are in law enforcement | Required |
| CPR CERTIFICATION | Participants in this course will receive American Red Cross Adult, Infant, and Child CPR certification, valid for 2 years from date of completion effective Jan 1, 2011. Updated ARC 2011 basic emergency procedures and techniques for cardiopulmonary resuscitation, choking and heart attacks are provided. (AED-Optional). | On-going throughout the year; go to http://www.ci.campbell.ca.us/Search/Results?searchPhrase=CPR for class dates. | 9:00 a.m. – 12:00 p.m. | Campbell Educational Development Center 1 W. Campbell Ave., K62 Campbell, CA 95008 | All interested partners | Required |
| FIRST AID CERTIFICATION | Participants in this course will receive American Red Cross Community First Aid and Safety certification, valid for 2 years from date of completion effective January 1, 2011. Updated ARC 2011 basic emergency responses to bleeding, shock, burns, muscle, bone, joint, head & spine injuries, bites, stings, and sudden illness are provided. The instructional vehicles used in this course include video, first aid kits, role play, and lecture and is administered by an American Red Cross certified instructor. Community/Standard CPR is a prerequisite for enrollment in this course. Recertification is required every 2 years effective January 1, 2011. | On-going throughout the year; go to http://www.ci.campbell.ca.us/Search/Results?searchPhrase=CPR for class dates. | 9:00 a.m. – 12:00 p.m. | Campbell Educational Development Center 1 W. Campbell Ave., K62 Campbell, CA 95008 | All interested partners | Required |



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| DE ANZA EARLY CHILDHOOD MENTAL HEALTH CERTIFICATE PROGRAM | The goal of this program is to help participants acquire foundational knowledge related to infant-family and early childhood mental health. | On-going throughout the year; see De Anza College Catalog for class dates and times | Ongoing | De Anza College Campus | ACW, CSP-FSS, CW, FRC, DS, HV, PHN, CSP, TS, VC, and their Supervisors | Recommended |
| KADIJA JOHNSTON: THE POWER OF RELATIONSHIPS PARTS 1 and 2 (AUDIO PODCAST) | In this two-part series, Kadija Johnston, Director of the UC San Francisco Infant-Parent Program speaks to parents and providers about how relationships with young children develop and why these relationships are so important. Kadija utilizes the transactional model of development to support our understanding of how the child, parent and environment influence each other and, ultimately, child development. | Online--accessible at all times | Online—accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| PRESCHOOL BULLYING: GETTING TO THE HEART OF THE MATTER (AUDIO PODCAST) | Santa Clara County teen Audrie Pott’s tragic suicide—and the unraveling story of sexual violation and peer bullying she endured—resonated deeply with us. In the wake of Audrie’s death, we ask ourselves what can be done to stop bullying behavior in young children—before adolescence and before it manifests in such heartbreaking outcomes. In our latest podcast, nationally acclaimed speaker, Michael Pritchard, discusses how we can identify and address bullying in preschool-aged children. | Online--accessible at all times | Online—accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |



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| <p>DR. DAN PETERS: INTERVIEW ONDYSLEXIA</p> <p>(AUDIO PODCAST)</p> | <p>Recently, Dr. Dan Peters, co-founder and clinical director of the Summit Center, shared his insights on an important topic concerning many families: dyslexia. As a specialist in the assessment and treatment of children in the areas of learning, processing, emotional, behavioral and developmental issues, and giftedness, Dr. Peters had excellent info to share regarding dyslexia, including how to detect it early and how to cope.</p> | Online--accessible at all times | Online—accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| <p>DR. DAN PETERS: INTERVIEW ON ADHD</p> <p>(AUDIO PODCAST)</p> | <p>Everywhere you look, Attention Deficit Hyperactivity Disorder (ADHD) is in the news. And for good reason:</p> <p>The New York Times reports that there has been a 41% increase in ADHD cases in kids in the last decade. Hot on the heels of recent media reports is our conversation with Dr. Dan Peters of the Summit Center, who shares his insights on ADHD, including proper diagnosis.</p> | Online--accessible at all times | Online—accessible at all times | Click here to View This Podcast | All interested partners and community members | Recommended |
| <p>THE BRAZELTON TOUCHPOINTS APPROACH</p> <p>(AUDIO PODCAST)</p> | <p>The Brazelton Touchpoints model as an approach for enhancing the competence of caregivers and building strong family-child relationships in the early years in order to lay the foundation for children’s healthy development.</p> | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |



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| <p>UNIVERSAL DEVELOPMENTAL SCREENING WITH CONNECTION TO EARLY INTERVENTION SERVICES</p> <p>(AUDIO PODCAST)</p> | <p>The aim of the Universal Developmental Screening Project is to ensure that developmental screening with a standardized tool for children birth through age five is routinely conducted during well-baby/well-child checks in pediatric clinics and practices throughout Santa Clara County. This early and frequent screening would enable the earliest possible detection of social, emotional and developmental concerns and subsequent initiation of interventions that prevent developmental delays and minimize social and emotional challenges.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |
| <p>STRENGTHENING FAMILIES APPROACH</p> <p>(AUDIO PODCAST)</p> | <p>The Strengthening Families Approach, including the 5 Protective Factors and the Standards of Quality for Family Strengthening and Support, is a framework used to increase family stability, enhance children development, and reduce child abuse and neglect.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |



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| <p>FIRST 5 LEARNING TOGETHER INITIATIVE: A PLACE-BASED STRATEGY FOR FAMILY SUPPORT AND SCHOOL READINESS</p> <p>(AUDIO PODCAST)</p> | <p>FIRST 5's Learning Together Initiative works directly in communities to support school readiness through Family Resource Centers. These resource centers are local places where children, parents, and caregivers can learn and grow together. Located in neighborhoods throughout Santa Clara County, Family Resource Centers cater to the specific needs of the children and families in the communities they serve. By offering school readiness activities as well as parenting workshops, Family Resource Centers serve as a community learning hub.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |
| <p>FIRST 5 CHILD SIGNATURE PROGRAM: PREPARING CHILDREN FOR SUCCESS IN KINDERGARTEN AND BEYOND</p> <p>(AUDIO PODCAST)</p> | <p>The FIRST 5 Child Signature Program, formerly known as the Power Preschool, has been providing high-quality early learning opportunities for Santa Clara County children since 2005.</p> <p>The program focuses on building supportive relationships between teachers, administrators, family support and mental health specialists, and families in order to provide young children with the highest quality early education. Through these connections, the Child Signature Program strives to ensure that when children leave the preschool classroom, they have grown confident and strong in their ability to begin kindergarten ready to succeed.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |



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| <p>INVESTING IN THE FIRST 5 YEARS OF A CHILD'S LIFE: A COMMUNITY CALL TO ACTION</p> <p>(AUDIO PODCAST)</p> | <p>Research shows that a child’s brain develops most dramatically during the first five years - providing an unprecedented opportunity to shape the thinking, learning, development, and health of a child.</p> <p>When investments are made in a child’s earliest years, children are put on a trajectory to become successful in school and successful in life. This, in turn, benefits communities as a whole – with research continuing to show that for every \$1.00 invested in a child’s life before age six, over \$7.00 of community benefit is given back to all of us.</p> | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| <p>THE POWER OF RELATIONSHIPS IN EARLY CHILDHOOD DEVELOPMENT (SERIES 01)</p> <p>(AUDIO PODCAST)</p> | <p>RELATIONSHIPS MATTER: In this series Kadija speaks to parents and providers to provide an understanding of how relationships with young children develop, and why these relationships are so important. Kadija utilizes the transactional model of development to support our understanding of how the child, parent and environment influence each other and ultimately child development.</p> | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| <p>THE POWER OF RELATIONSHIPS IN EARLY CHILDHOOD DEVELOPMENT (SERIES 02)</p> <p>(AUDIO PODCAST)</p> | <p>BEHAVIOR HAS MEANING: During this portion of the series, we will think and learn about how infants and young children communicate through behavior. As infants grow, they become more skilled at communication and begin to express their needs through gestures such as, pointing, looking, and of course through their use of language.</p> | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |



PROFESSIONAL DEVELOPMENT CALENDAR

FIRST 5 Santa Clara County

June 2019

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|---|---|---------------------------------|---------------------------------|---|---|----------------------|
| FIRST 5 PERINATAL SUBSTANCE EXPOSURE (AUDIO PODCAST) | This podcast explores the impact and prevalence of prenatal substance exposure, including brain development, behavior and developmental outcomes, and misdiagnosis. | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| SEEDS: A NATIONALLY RECOGNIZED CURRICULUM (AUDIO PODCAST) | Explore SEEDS, the relationship-based professional development program for family child care home providers. | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| ABRIENDO PUERTAS/OPENING DOORS WORKSHOPS (AUDIO PODCAST) | Abriendo Puertas/Opening Doors supports parents and caregivers as leaders in their families and communities, and as their child's first and most important teacher. Parents graduate from Abriendo Puertas/Opening Doors with the tools and knowledge to become powerful agents of change in the lives of their children and their communities. Parents and caregivers can access Abriendo Puertas/Opening Doors workshops at their local Family Resource Center. | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |
| ABCS OF SAFE SLEEP (AUDIO PODCAST) | The ABCs of safe sleep are easy for parents to remember. In this video, you'll learn about the ABCs of Safe Sleep for your newborn. | Online--accessible at all times | Online--accessible at all times | Click Here to View This Podcast | All interested partners and community members | Recommended |



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| <p>HEALTHY HABITS: PREGNANCY (AUDIO PODCAST)</p> | <p>This video explores healthy pregnancy habits for women and their families.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |
| <p>BREASTFEEDING (AUDIO PODCAST)</p> | <p>This video explores the benefits and personal choices surrounding breastfeeding for expecting mothers and their families.</p> | <p>Online--accessible at all times</p> | <p>Online--accessible at all times</p> | <p>Click Here to View This Podcast</p> | <p>All interested partners and community members</p> | <p>Recommended</p> |