Trauma-Informed Systems (TIS) 101

Michelle Hauck, LCSW currently works for Santa Clara County Behavioral Health Services Department as Mental Health Program Specialist II. She supervises Behavioral Health staff working with youth dually involved in the Child Welfare and Juvenile Justice systems.

Laura Kachelmeyer, MFTi, PCCi has a Masters from Santa Clara University in Counseling Psychology. She currently works for Alum Rock Counseling Center as a SOS Program Team Lead. She provides one on one mental health services to at risk youth in schools across the San Jose area.

Melody Hames is the Cultural Communities Wellness Program (CCWP) Mental Health Peer Support Worker Team Lead for the African Heritage Community

Lead for the African Heritage Community.

She has been working with ECCAC, a Santa Clara Valley Health & Hospital Behavioral Health Services Program, since October 2009. Her work consists of advocacy, outreach and education, prevention and early intervention strategies to reach the un-served and underserved African American population. She is a certified Adult and Youth Mental Health First Aid Instructor, Advanced Level WRAP Facilitator (Wellness and Recovery Action Plan) and Trauma Informed Systems (TIS) 101 Trainer. Melody served as an active member of the Trauma Transformed Advisory Council from 2015 to 2018. She works in collaboration with the other ECCAC communities and together they bring a unique perspective and voice to the Santa Clara County Behavioral Health System.

Juliana Van Meter has spent the course of her career seeking to improve the lives and experiences of children and families who are touched by the child welfare system. Over the last 17 years she has worked in child welfare direct services, team facilitation, supervision, training, program implementation, and system alignment efforts.

Description: The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross-section of our workforce together (janitors, counselors, administrative supports, clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma-informed organization and apply common practices to help our communities heal. **Objectives:**

- Demonstrate understanding of the effect of trauma on our brains and bodies.
- Apply the principles of trauma-informed care.
- Identify strategies to develop organizational resilience and traumainformed responses.
- Discuss the impact of organizational trauma on the ways we function as organizations and individuals.

***Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPS. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3.5 hours of continuing education units for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and The Board of Registered Nursing to provide CEUs. Lunch and scheduled breaks during the training do not count toward CEU credit.

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***You now can download/print your own CEU certificate online at sccLearn 2 weeks after the training date.

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<u>Target Audience</u>: Santa Clara County Behavioral Health Services staff and contract agencies.

1/22/2020 3/10/2020 5/19/2020

8:30 am - 12:00 pm
Registration starts at 8:00 am

2/5/2020 4/23/2020 6/10/2020

1:00 pm - 4:00 pm
Registration starts at 12:30 pm

Learning Partnership

1075 E. Santa Clara St. 2nd floor San Jose, CA 95116

You can access training PowerPoint/Handouts at : sccbhd.org/training

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