

SAVE THE DATE!

For Santa Clara County's Wellness Works Training

April 30, 2015

12:00 - 4:30 PM

Sobrato Center for Nonprofits
1400 Parkmoor Avenue,
Cupertino Rooms A & B
San José, CA 95126

Registration deadline is April 23, 2015

To register, visit:

<http://wellnessworksscc.eventbrite.com>

A FREE healthy lunch will be provided.

For more information, please contact:

Jaime Flores, MPH, RD, at 408.793.2777 or by
email: Jaime.Flores@phd.sccgov.org

Transportation access on the Light Rail:

The Sobrato Center for Nonprofits is located at the Race Street stop on the Santa Clara Valley Light Rail System. It is approximately 2 miles southwest of the Diridon Caltrain Station in downtown San Jose. Visit www.vta.org or www.511.org for detailed transit routes, schedules and fares.



Picture this at your organization...

- Ice cold water with lemon and mint in your staff break room
- A fresh bowl of fruit at your next staff meeting
- A physical activity break in the middle of your day to energize you

This training is designed for individuals wanting to promote healthy food, healthy beverages, physical activity, breastfeeding, and/ or a tobacco-free environment at their organization.

Join us to learn:

- About successes and how to overcome challenges of implementing worksite policies from staff at nonprofit organizations, local governments, and community-based organizations
- How to implement worksite wellness policies in your organization
- How to apply for the Healthy Worksite Award

Receive **FREE** resources to implement worksite wellness policies in your organization.

For CalFresh information, call 1-877-847-3663.
Funded by USDA SNAP-Ed, an equal
opportunity provider and employer. Visit
www.CaChampionsForChange.net for healthy tips.

